

Lesson #1: Basics

Learn:

- How to Take Care of the Viola
- Parts of the Viola
- How to Hold the Viola and Bow
- Names of the Open Strings

Play:

- Introduction to Producing Sound
- Playing Open Strings with the Bow

Practice:

- Take good care of the instrument!
- Study the Anatomy of the Instrument
- Play Open Strings with Good Posture

Lesson #3: Open Strings

Learn:

- Reading Open-String Notes in Quarter Notes
- Half Notes and Introduction to Subdividing
- 4th-finger Introduction

Play:

- Quarter Notes and Half Notes on Open Strings
- Experiment playing 4th-finger (pinky) notes

Practice:

- Reading and Playing open strings in rhythm
 - Saying string names outloud
 - Counting outloud Quarter and Half Notes

Lesson #2:

Introduction to Reading Music

Learn:

- Components of the Staff
- Introduction to Rhythm
- Basics of Note Reading
- How to Figure out Note Names

Play:

- Open Strings

Practice:

- Reading rhythms
- Reading pitches

Lesson #4:

Notes on the D and A Strings

Learn:

- Finger Numbers and Placements
- Comfortable Left-Hand Position
- Note Names of "Beginner Scale"

Play:

- Notes on D and A Strings
- Short Pieces on Each String
- Duets

Practice:

- Playing by Reading Music
- Quarter Notes and Half Notes

Lesson #5:

Notes on the D and A Strings

Learn:

- Finger Numbers and Placements
- Comfortable Left-Hand Position
- Note Names of "Beginner Scale"

Play:

- Notes on D and A Strings
- Short Pieces on Each String
- Duets

Practice:

- Playing by Reading Music
- Quarter Notes and Half Notes

Lesson #6:

Notes on G and C Strings

Learn:

- Note Names on the G and C Strings

Play:

- G string: Notes and Piece
- C String: Notes and Piece
- Duets

Practice:

- Playing by Reading Music
- Quarter Notes and Half Notes

Lesson #7:

Fantasia on "Twinkle Twinkle"!

Learn:

- Practice Strategies
- Performance Skills

Play:

- Final Piece: "Fantasia on 'Twinkle Twinkle'"

Practice:

- Review all [Notes](#) and [Rhythms](#) from the Introductory Lessons thus far.
- Good Posture and Instrument/Bow Hold