

## **VIOLA—FOUNDATION LEVEL**

*Performance Exam Requirements*  
*Duration of examination: 8 minutes*

### **Scales and Arpeggios (Memory is required.)**

Play one scale: One-octave G or D major scale, starting on open string

Metronome: quarter note = 60-69

Bowing for scales: Separate quarter notes using half or whole bows

No arpeggios required

*Note: All required scales for this level are printed on the pages following the repertoire listing.*

### **Etudes and/or Pieces (Memory is strongly recommended and will be graded.)**

Two selections of at least eight measures each showing the use of two or more strings and fingers

### **Sight-reading**

None

### **Recommended Goals for Foundation Level**

Good posture

Good hand position

Good bow hold

Good intonation

Correct rhythm

Use of half bows or whole bows

Meters 2/4 and 4/4

### **Examples of Music Suitable for Foundation Level**

*Note: Teachers may choose any publisher or any other works of comparable level. Listings with asterisks cover more than one level. Please check the guidelines and recommendations for this level to determine if a selection is level appropriate.*

### **Scale Books**

Applebaum: Scales for Strings, Book 1 (Alfred)

Bauer: Progressive Scale Studies for viola

Blackwell: Viola Time Scales

Harvey: 1st Position Scales for Viola